

G L O W

FRESH GRILL AND WINE BAR

FACT SHEET

CONCEPT

Glow is a casually sophisticated fresh grill and wine bar with four primary features:

1. Delicious and balanced meals without the excess calories, fat, and sodium.
2. Seasonally inspired foods that reflect the freshest bounty of products available.
3. A casually sophisticated dining experience ideal for entertaining business colleagues or sharing a drink with friends and family.
4. A cool and inviting private dining room, perfect for special occasions.

WHAT'S IN A NAME

The design for *Glow* started with Rose Reisman's philosophy about a healthy balanced lifestyle that includes eating well and reconnecting with family and friends. Her philosophy and the idea of a person's "healthy glow" were distilled into the restaurant moniker '*Glow*.'

MENU EXAMPLES

Appetizers

Flatbread with Mediterranean Roasted Chicken, caramelized onions, sundried tomatoes, roasted artichokes, olives & feta cheese

Ahi Tuna Salad marinated & pan-seared over fennel mango slaw

Entrees

Rainbow Trout pan-seared with sautéed beet greens, topped with a peach & pear relish, served with a sweet potato succotash

Lamb Chops pistachio crusted, served with a pomegranate molasses & a seasonal vegetable medley

Lobster and Cheese Macaroni served with a green and fruit salad

Mini Indulgences

Key Lime Pie dessert shooter

Peanut Butter Cheesecake dessert shooter

WINE LIST

Glow offers an extensive wine list with over 100 selections available by the bottle, half-bottle, and glass. Old world syrahs, sangioveses, and tempranillos are contrasted against new world sauvignons, merlots, and zinfandels. Wine aficionados will be entranced by the presentation of comfortable wines alongside a more adventurous selection.

DESIGN & DÉCOR

A rejuvenating and calming atmosphere is created in *Glow* through combinations of light woods, smooth stone, and soft fabrics, with infusions of natural light. Exclusive glass sculptures by acclaimed studio artist Dale Chihuly adorn the restaurant, adding a vibrant feeling.

EVENT CAPABILITIES

With full service amenities, *Glow* offers the perfect setting for private events. The dining room seats up to 26 guests and features a 60" plasma television, ideal for the intimacy of smaller parties, whether the occasion is a dinner party or a business meeting.

CONTACT INFORMATION

Glow is located in the heart of the new shops at Don Mills, 7 Marie Labatte Road, Unit #E1, Toronto, ON M3C 0J1. The restaurant is open Mondays through Thursdays, 11:00AM - 11:00PM; Fridays and Saturdays, 11:00AM - 12:00AM; and Sundays, 11:00AM - 10:00PM. For further information, please call 416.384.1133 or visit *Glow's* website at <http://www.glowfreshgrill.com>.

Media contact:

Parmjit Parmar , Montana Ridge

Tel: 416-750-0966 / E: parmjit@montanaridge.com