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Glow's Mini Indulgences Deliver Maximum Flavor

Diners can enjoy several small sweet treats with big taste this holiday season

Rose Reisman's Glow Fresh Grill and Wine Bar restaurant offers the perfect ending to its light and seasonal meals with its mini desserts. Instead of sacrificing rich flavor, Glow presents its desserts in smaller portions, allowing diners to indulge in decadent desserts without the guilt of too many calories.

In the 2008 Restaurant Industry Forecast, the National Restaurant Association identified the number one trend in dining as "bite-sized desserts." Consumers prefer mini desserts because the "downscaled desserts allow them to indulge without overdoing."

Diners need to be especially careful about not overindulging during the holiday season, when so many rich tempting foods lead people to overeat. Glow's mini indulgences are ideal for this holiday season, allowing diners to savor great taste without compromising their waistlines.



With over fourteen flavors changing daily, Glow's triple chocolate threat, key lime pie, and peanut butter cheesecake dessert shooters are completely satisfying without being excessive. The guilt-free portions will leave diners well sated both physically and emotionally.

About GLOW

Glow is a casually sophisticated California style grill and wine bar, dedicated to providing fresh and flavorful food with a rejuvenating and calming atmosphere. The interior design features natural materials such as wood, stone and fabric, while natural light permeates all areas of the space, including the 100-seat patio overlooking the Shops at Don Mills' outdoor gathering places. The restaurant's beet logo alludes to the richness of healthy vegetables in dark soil, reinforcing its back-to-nature message.